



Student Support Services in College

COLLEGE PLANNING AND SELF-ADVOCACY
FOR STUDENTS WITH IEPs

Ready, Set, Succeed: A Positive Start to Your College Transition

Transitioning from high school to college involves significant changes, requiring you to adapt to greater independence, academic rigor, and time management, while also exploring new social and extracurricular opportunities. As a student with an IEP, this is an exciting time to reflect on your strengths, assess your readiness, and build the skills that will help you thrive in a college environment. It's time to explore available support services, understand your rights, and embrace your role as a confident self-advocate. With the right tools and mindset, you can take charge of your future and make the most of your college experience!



The Transition Team

At your high school transition meeting, you'll have a whole team by your side to help you plan for life after high school! This includes your parents or guardians, teachers, related service providers, school administrators, and sometimes representatives from outside agencies. Everyone works together to support your goals, help you explore options, and create a plan that reflects your strengths, interests, and dreams for the future.

Did You Know?

Students with strong self-advocacy skills, who understand and fully participate in their transition process have better transition outcomes. Key characteristics of self-determination include the ability to:

- *speak up for yourself*
- *solve problems*
- *set goals*
- *make decisions*
- *understand your strengths, challenges, interests and values*
- *exhibit independence*